

# BREAKFAST CYCLE MENUS

|        | Day 1                                                                                                                                                                                                                         | Day 2                                                                                                                                                                  | Day 3                                                                     | Day 4                                                                                                      | Day 5                                                                                                                                                                                                                   |
|--------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Week 1 | <p><u>Menu Choice 1:</u><br/>-Fruit Juice<br/>-Dry Cereal<br/>-Buttered Toast<br/>-Milk Choice</p> <p>OR</p> <p><u>Menu Choice 2:</u><br/>-Fruit Juice<br/>-Homestyle Biscuit<br/>-Turkey Sausage Pattie<br/>-Milk Choice</p> | <p><u>Menu:</u><br/>-Fruit<br/>-Scrambled Eggs<br/>-Grits<br/>-Buttered Toast<br/>-Milk Choice</p>                                                                     | <p><u>Menu:</u><br/>-Fruit Juice<br/>-Cinnamon Toast<br/>-Milk Choice</p> | <p><u>Menu:</u><br/>-Fruit<br/>-Pancakes w/ Syrup<br/>-Milk Choice</p>                                     | <p><u>Menu Choice 1:</u><br/>-Orange Wedges<br/>-Dry Cereal<br/>-Buttered Toast<br/>-Milk Choice</p> <p>OR</p> <p><u>Menu Choice 2:</u><br/>-Orange Wedges<br/>-Breakfast Pizza<br/>-Milk Choice</p>                    |
| Week 2 | <p><u>Menu Choice 1:</u><br/>-Fruit Juice<br/>-Dry Cereal<br/>-Buttered Toast<br/>-Milk Choice</p> <p>OR</p> <p><u>Menu Choice 2:</u><br/>-Fruit Juice<br/>-Pancake/Sausage On-A-Stick<br/>-Milk Choice</p>                   | <p><u>Menu:</u><br/>-Fruit<br/><br/>(Managers Choose One)<br/>-Cheese Grits<br/>-Buttered Toast<br/>Or<br/>-Buttered Grits<br/>-Cheese Toast<br/><br/>-Milk Choice</p> | <p><u>Menu:</u><br/>-Fruit<br/>-Waffles w/ Syrup<br/>-Milk Choice</p>     | <p><u>Menu:</u><br/>-Fruit Juice<br/>-Breakfast Chicken Pattie<br/>-Homestyle Biscuit<br/>-Milk Choice</p> | <p><u>Menu Choice 1:</u><br/>-Orange Wedges<br/>-Dry Cereal<br/>-Buttered Toast<br/>-Milk Choice</p> <p>OR</p> <p><u>Menu Choice 2:</u><br/>-Orange Wedges<br/>-Scrambled Eggs<br/>-Buttered Toast<br/>-Milk Choice</p> |

\* Unsweetened Cereal Available Upon Request      \* Menu Subject to Change Due to Availability

\* Two menu choices will be served each Monday and Friday

\* **Notification Statement:** Peanuts and Peanut Butter are not purchased for meals produced by the EBRP Child Nutrition Program; however, some products served may contain nuts and some products are produced in plants that use nuts and may contain traces of nuts